

Crochet Pattern



Prepared by:
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Chunky & Cozy Long Vest

Materials

Hooks 5.5, 7mm and
10mm

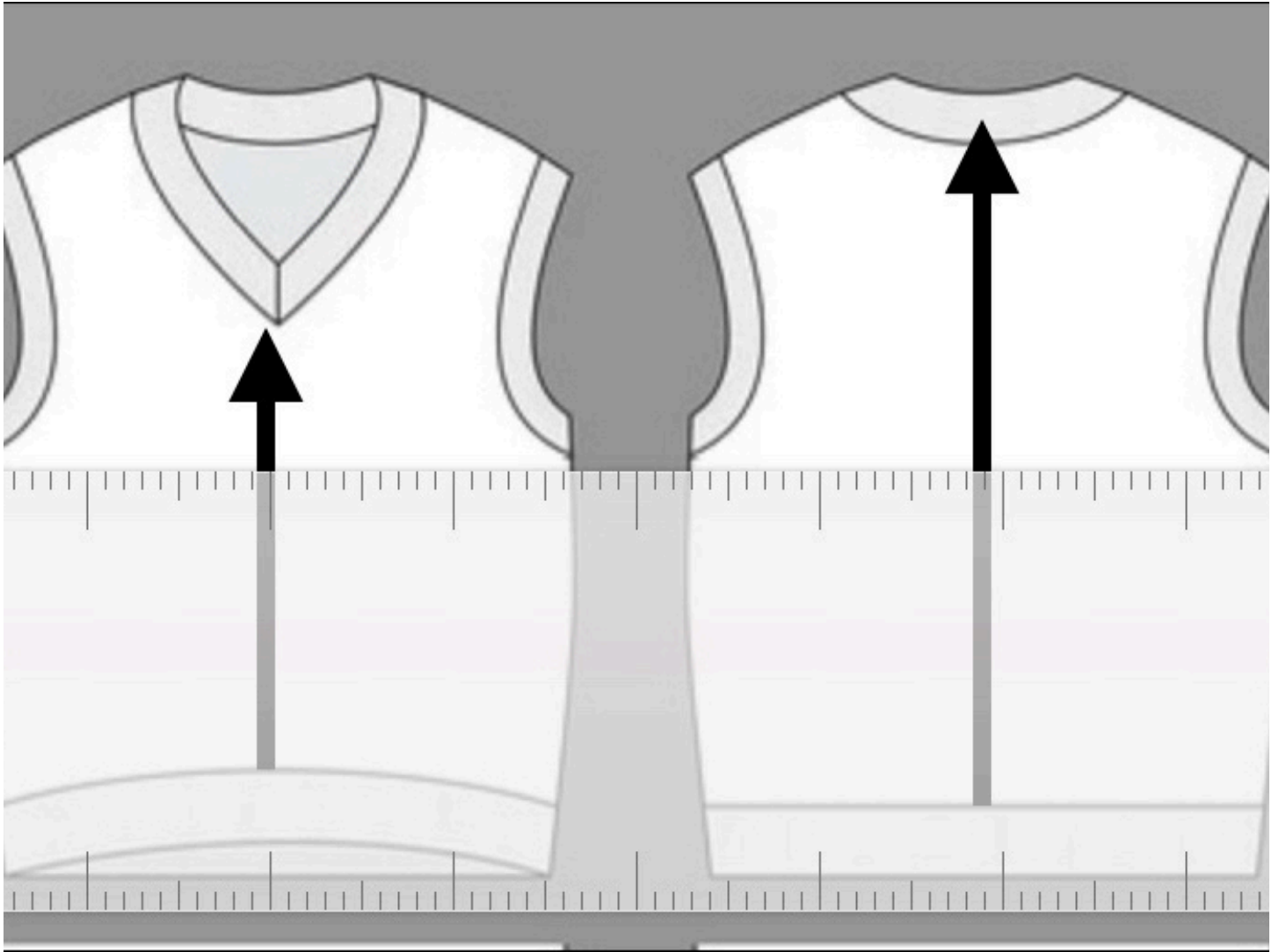
Yarn Super Bulky 5
3.5 oz / 100 g / 109 yd
9.8 oz / 280 g / 415 yd

Scissors
Needle

Pattern shows Bernat Fluffee Quartzite 90% Polyester and 10% Rayon Nylon yarn for the main body. Machine wash, delicate. Gauge 6 st / 12 rows in 4x4 square. Stated yarn lengths are for guidance only. I used two bundles for the coloured trim (approx. 220 yds) and 1.5 of the grey (approx. 615) for this vest, but the amount can vary depending on colour changes and trim options. The key to crochet a specific size is a lot about the crochet style/hands/skills, rather than the size of hook. Therefore, we will recommend a range of hook sizes.

This pattern is for ladies medium, approx. 38-39" / 96-100cm bust-line and 25" / 63.5cm in length, 21" / 53 cm in width across. The overall length is easily adjusted to shorten the vest or if you have a shorter/longer torso.

This pattern can easily be adjusted for fit and there are notes in the pattern for where to check your measurements / fit. For example, measure the total back length you desire for your finished vest - but also take into account your measurements for below and above the arm hole as depending on a short or longer torso you can add length below or above. Keep in mind lengthening or shortening the top half affects the length of the armhole and neckline.



This pattern will enable lots colour blocking options. You can create the trim in another or multiple colours, or even add a smaller stripe within a 3" side panel.

As a left-handed hook we recommend @[theWobbles](#) YouTube tutorials for beginners

Abbreviations and Definitions

Abbreviations	Definition
sc	Single crochet stitch,
st	Stitch
LinSt	Linen stitch
Scbl	Single Crochet back loop only (Rib)
ss	Slip stitch
Ch	Chain stitch
LinSt2Tog +1	Decrease (crochet 2 st. together) + chain 1
(##)	At the end of a line indicates the total number of stitches
[#]	Notes number of stitches that vary for repeats

Bottom Hems - Front and Back

Row Creating the ribbed hems

1	Ch 10 using a 7.0 hook Row 1: single crochet (sc) in 2nd chain and then continue to sc in each chain across, ch 1 turn (9)
2	Row 2: Scbl only in each stitch across to create the ribbing, ch.1, turn
3	Continue to scbl in each st to complete the hem at 69 rows or 21" / 53 cm. Ch.1, turn. Ideally end on an odd number of stitches if using the linen stitch as shown for the body. The Hem measures approx. 21" when slightly stretched out and before beginning to work upwards into the lower body. I found as I tested the pattern that depending on my gauge and the yarn / stretch the 21" ranged between 34 - 35 ribs (2 rows per rib) or approx. 68-70 rows. You will need two hems for the front and back. 

Back & Front Body

1

A Linen stitch (also called a Moss stitch) is a sc + chain in every second stitch. To begin, LinSt into the first loop of the hem and secure the ends. We then need to LinSt2Tog to combine stitches together in the first row of the lower body of the vest to end up with stitches at the end. To make this really easy, just use the valley (in between each rib) and each peak (ribs) as you go across the hem - This will ensure a solid connection between the hem and the body. LinSt2Tog each peak (rib) plus valley (in between each rib) to combine two stitches together across the entire hem to create the first row, Ch1., turn. You will end up with 64-65 'loops' or 32 st.

Note: if you are counting across the top of your row (loops) vs. each stitch you will see that the LinSt (sc+ch) appears like two loops for each st so take care when counting.

I changed colour to a solid grey wool for the demo photo's shown.



2

Switch to the 10 hook

LinSt in every 2nd stitch across the row. Ch.1, turn (32)

It can be difficult to see where to insert your hook...look for the "v" shapes along the row and insert your hook in between these "v"s. There are a number of YouTube tutorial pvideos for the Linen Stitch, also called the Moss stitch.





Row 3 to 35 - chain 1 and LinST across (32), turn.

Depending on preferred length (I chose 15" / 38.5 cm from underarm to hem) you can increase / decrease so ensure you check the length / fit here - eg from bottom of armhole to bottom hem - to increase length for example for a longer torso add rows.

3 - 35



Decreasing for the armhole

Row 36 - slip stitch the first 8 st (16 loops), ch 1, then LinSt in the same stitch and continue to LinSt across - stopping to leave the last 8 stitches unworked - chain 1 and turn.

$$8 + 16 + 8 = 32$$

Row 37 -decrease by LinSt2Tog the first two st together - then LinSt across row until 2 sts remain, then decrease again by LinSt2Tog the last two st together, ch 1, turn

$$16 - 2 = 14 \text{ across middle [2]}$$

Row 38 as we did for row 37 we want to decrease each side by merging two st and either end.[2]

36-38



Finishing the back

Continue to create the top of the back by LinSt across the shorter 12 st. span we have created and as before ch.1, turn at each end. I chose 10" / 26 cm which was 31 rows from the armhole decrease at row 35 (For a total length of 66 rows or 25") but again you can easily increase / decrease to the desired fit. Fasten off.



Note: if you decrease rows on the upper, you will also shorten the armholes and neckline.

39-66

Row

Step-by-Step - Front Body

1

Like the back (using 7 hook) we want to begin the front panel by working a LinSt into the first stitch and securing the ends. Then we want to LinSt2Tog to combine stitches in the first row. To make this really easy, just use the valley (in between each rib) and each peak (ribs) as you go across the hem - This will ensure a solid connection between the hem and the body. Ch1., turn. You will again end up with 64-65 loops or 32 st.

2-35

Switch to 10 hook. To match the bottom half of the back panel, continue to LinSt. Into each stitch across, ch.1, turn. Repeat row 2 through 35 to again match the lower back panel 15".

Armhole Reduction

36-38

Row 36: slip stitch (sl st) first 6 st (12 loops), ch 1, LinSt in same st, LinSt in each st across leaving last 6 st unworked, ch 1, turn.

6 st + 20 + 6 st. =(32)

Row 37: decrease by LinSt2Tog the first two st together, then LinSt across until 2 sts remain and decrease LinSt2Tog again, ch 1, turn. [2] (18)

Row 38. repeat row 37 by decreasing at each end [2], ch 1, turn (16)

LEFT SIDE FRONT

Row 39: LinSt for 8 st, ch 1, turn.

Row 40: decrease by LinSt2Tog first two sts (4 loops) together, LinSt remaining, ch 1, turn.(7)

Row 41: LinSt in each st across, ch 1, turn.(7)

Row 42: repeat row 38 to decrease [1]. (6)

Row 43: repeat row 39 (6)

Row 44: repeat row 38 to decrease [1]. (5)

Row 45: repeat row 39 (5)

39-66

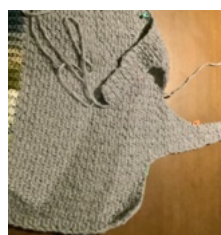
Row 44: repeat row 38 to decrease [1]. (4)

Row 45: repeat row 39 (4)

Continue LinSt 4 st across to complete 11 more rows so the top of your front panel matches the 10" top of your back panel.

66 rows total / 25" total length

Fasten off leaving a long tail.



RIGHT SIDE FRONT

Attach yarn into the next available st (just beside the left side you just completed) with a simple knot.

Row 1: ch 1, LinSt 8 sts, ch 1, turn.

Row 2: LinSt each st until 2 remain, then decrease the last two stitches by LinSt2Tog together, ch 1, turn. [2]

Row 3: LinSt in each st across, ch 1, turn.

As you did for the left front, continue to repeat these last 2 rows until 4 sts remain....then continue LinSt 4 across to reach 66 total rows for the right side.

Fasten off leaving a long tail.

ASSEMBLY

Lay the front panel directly on top of the back panel. Using your yarn needle and tail ends, seam across both shoulders connecting the two pieces together. For all the trim I used a whipstitch. Check your fit. Then sew the two sides from the hem to the bottom of the armhole.



NECKBAND

As we did for the hems we are ribbing for the neckline trim. Begin by Ch 6 (5.5hook).

Row 1: sc in 2nd ch from hook, sc in each ch across, ch 1, turn. (5)

Row 2: Scbl in each st across, ch 1, turn.(5)

Rep row 2 until the neckband is long enough to go around the neckline when slightly stretched. Important as if you don't slightly stretch the ribbing when measuring you will have made too long. I found it easier to not tie off the end until I had attached all the trim pieces so I could make absolutely sure they were the correct length.

Fasten off leaving a long tail you will use to attach the piece.

Always attached your trim with the rights sides facing out. I find it best to lay the piece flat on a table. Sew your neckline trim to the neckline. I used a whipstitch stitch.

To create the "v" to finish off the neckline, now turn your sweater inside out.

Once you have sewn the neckband all the way around the neckline you will finish the "v" next by folding back both the beginning and end of the band on the inside of the sweater (triangles) and sew these two parts together so the final seam in the "V" is centered.



ARMHOLE TRIM. For this version I decided to match the neckline and arm trim ribbing (ch.6) but in different colours. Again, if you are nervous about the stretch / fit you can just not tie off your ribbing until you have attached the trim around the armhole to ensure a perfect fit. I make my trim a little longer than I need and then just frog out a row or two to get the ends to meet up perfectly. Don't be afraid to stretch the trim however as if you don't the armholes will appear too big. With your pieces right side out, sew the trim around both armholes.



Don't forget to "block" your final piece to shape it.



Check out our fine yarn pattern version of this same long vest!



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